

HCHC ~~Obesity Task Force~~ **Active Living Task Force**

May 29th 2019

Jasmine Carbajal, Chair

Tina Thomas, Jessica Kennedy, Diona Buck, Amanda Solomon, Tony & Cortney Filler

Jessica brought the 2011 Strategic Plan for OPEN GYM (**O**besity **P**revention **E**ducation & **N**utrition **G**etting **Y**ou **M**oving!)

This meeting we agreed upon a name change for our current task force. We will be the Active Living Task Force.

The Task Force reviewed the previous strategic plan. We identified the following goals to continue:

1. Increase opportunities for fitness throughout our community
2. Promote active living by increasing media and education

We also reviewed several of the previous strategies and felt like we could update those to achieve our goals. One of the previous strategies indicated there was a checking account at BPCU. Jasmine will look into that. Another previous strategy we discussed involved making used sports equipment readily available. Tony will discuss the space currently for the SUP shop and ski shop. He will contact Claire Stoner about the idea. There would be a need for a volunteer (or better yet-paid) coordinator.

We also talked at length about the 2020 marathon being planned by Rachel Dean is a community unifying event. We identified ways this task force and all the local gyms in the community could support the marathon. Amanda would like to create a program that involves each of the gyms that would focus on activities to get in shape for the marathon. Each gym could feature a different exercise program and support one another by encouraging people to use a variety and activities to get ready for the marathon. All of the gyms could also volunteer at the marathon. We would like to meet with Rachel and the other gyms to develop this.

This task force does want to prioritize strategies that include making bike racks more accessible and the possibility of creating bike/walking lanes. Tina shared a link to the Montana Department of Transportation's Pedestrian and Bicycle Plan. The MDT website has contact information for the creators of this plan who are requesting input from community members.

https://www.mdt.mt.gov/pubinvolve/pedbike/docs/MontanaPedestrianandBicyclePlan_2019.pdf

Jasmine will update the strategic plan document for our next meeting.

Next meeting: June 5th at 3 pm in the Timmons Room of the Hill County Courthouse. We will consider changing the meeting time since Chad Spangler is unable to attend meetings on Wednesday afternoons.